

JOIN THE 8 SESSION PROGRAM
TO BRING ORDER AND
GUIDANCE POWER TO
FAMILIES AND CHILDREN
THROUGH INSTILL CHARACTER
IN CHILDREN – TO HELP THEM
LEAD BALANCED,
PRODUCTIVE , AND FULFILLING
ADULT LIVES

Building Character in Kids

Kids Need Parents with
Boundaries

The Law of Sowing and Reaping
and the Law of Responsibility

The Laws of Power and Respect

The Laws of Motivation and
Evaluation

The Laws of Pro-activity and Envy

The Laws of Activity and Exposure

Six Steps to Implementing
Boundaries with Your Kids

(Using Books/DVD from: How
Healthy Boundaries Grow Healthy
Children -Dr. Henry Cloud and Dr.
John Townsend)

The boundaries for Kids skills training is to help parents behave with their children in a way to learn responsibility, how to take ownership of behavior, and dealing with the boundaries of others. Through the process of consequences for behavior children learn the value of being responsible. The Learning for kids begins with Parents. Kids need parents who have boundaries and use their experiences to teach kids.

Parents are not alone in this often painful experience of teaching our kids. God understands and is there to guide and help your willing heart . As we learn we will ask God for help, wisdom, and resources to continue the process of helping our young to grow up into maturity in him

(Psalm 1:6)

According to John Gottman,(1997) author of Raising an Emotionally Intelligent Child, “Researcher s have found that even more than your IQ, your emotional awareness and your ability to handle feelings will determine your success and happiness in all walks of life, including family relationships” (p.20)

RAISE EMOTIONALLY
HEALTHY CHILDREN

LEARN TO COACH YOUR CHILD
TO HANDLE EMOTIONS

IMPROVE SKILLS IN BOUNDARY
SETTING FOR CHILDREN

LIFE COACH FOR
PARENTS AND CHILDREN



NO COST for SERVICES

JS

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Children Benefit from Emotion Coaching

They form stronger friendships with other children

They calm themselves down more quickly when they get upset

They do better in school

They handle their moods better and have fewer negative emotions

They get sick less often

The ART of Emotion Coaching

Learning to do emotional coaching is helping children understand the different emotions they Experience, why they occur, and how to handle Them.

You can learn to coach your children about emotions by comforting them, listening and understanding their thoughts and feelings, and helping them understand themselves.

Learning to do this for your children helps them feel loved, supported, respected, and valued. With this emotionally supportive foundation, you will be much more successful at setting boundaries and resolving problems.



Teaching Parents to Emotionally Coach Children

Good Coaching relies on a warm and nurtured relationship between you and your child. Daily interaction **like** below builds **strength** in your relationship with your child and is the foundation on which the child can learn.

Hugging and touching frequently

Enjoying fun, relaxed time together

Sharing about your daily experiences

Listening carefully and empathetically

Respecting carefully and empathetically

Respecting and validating your child's feelings

Explaining you own feelings in an age, situation and appropriate way

Providing positive examples of managing emotions and motivation

